Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment:
Montrose R-XIV School District (Montrose School)
Month and year of current assessment:
September 2026
Date of last LWP revision:
April 16, 2025 (ADF-AP(1) last revised); Board Policy ADF last reviewed November 15, 2021.
Website address for LWP and/or details on how public can access a copy:

https://www.montrose.k12.mo.us/

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? At least two times a year.

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Carey Drehle	Principal/Superintendent	cdrehle@montrose.k12.mo.us

PUBLIC INVOLVEMENT: School Wellness Committee Members

**A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals*

Name	Job Title	Email Address
Felicia Foster	Health Assistant	ffoster@montrose.k12.mo.us
Trey Foster	Teacher	tfoster@montrose.k12.mo.us
Nikki Swaters	Principal	nswaters@montrose.k12.mo.us
Brad Drehle	Health/PE Teacher	bdrehle@montrose.k12.mo.us
Tabitha Connor	Head Cook	tconnor@montrose.k12.mo.us
Meghan Bauer	Parent	mbauer@montrose.k12.mo.us
Janna Wareham	Board Member	jwareham@montrose.k12.mo.us

3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

Assessment Tool Scores:

District-created policy comparison checklist: 9 topic areas reviewed; 9 addressed in adopted Policy ADF and/or ADF-AP(1). This is a coverage count, not a WellSAT score or independent verification of model-policy equivalence.

Sources: Policy ADF (adopted 11/15/2021); ADF-AP(1) (revised 04/16/2025; MSBA version ADF-AP1.1G.MTR 02/25). Indicate model policy language used for comparison (check all that apply):

X Missouri School Boards' Association

☐ Missouri Consultants for Education

☐ Alliance for a Healthier Generation

☐ Other: _____

Keep a copy of the results on file for at least three full school years plus the current year.

Indicate model policy language used for comparison (check all that apply):

X Missouri School Boards' Association

☐ Missouri Consultants for Education

☐ Alliance for a Healthier Generation

☐ Other: _____

Describe how your wellness policy compares to model wellness policies:

Montrose Policy ADF and accompanying ADF-AP(1) address nine reviewed wellness topics: nutrition standards for meals and competitive foods; foods provided but not sold; food marketing; nutrition education and promotion; physical activity; family/community involvement; staff wellness; committee oversight; and triennial assessment/public reporting.
The administrative procedure identifies Missouri School Boards' Association (MSBA) model language (version 02/25). Comparison of the adopted district documents to these nine model-policy topic areas found each area addressed. This is a district-created topic-coverage comparison, not an official WellSAT or TSIA assessment.

4. ASSESS School Compliance with LWP and Progress Towards Goals

Assessment Tool Scores:

District implementation tool (September 2026): 13 goals reviewed; 8 fully in place, 3 partially in place, and 2 marked both fully and partially (clarification needed). No numerical score. ADF-AP(1) also calls for the CDC School Health Index plus another assessment tool; SHI completion is not documented here.

Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

- First, indicate language that is currently written in district local wellness policy in relation to each topic listed.
- Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.
- Finally, indicate the progress made for each goal and next steps that have been identified.

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks) [Enter current policy language / goal]	☐	X	☐	[Enter progress and next steps]

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.) [Enter current policy language / goal]	☐	X	☐	[Enter progress and next steps]

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines [Enter current policy language / goal]	X	☐	☐	[Enter progress and next steps]

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Nutrition Education & Nutrition Promotion Goal(s) [Enter current policy language / goal]	X	☐	☐	[Enter progress and next steps]

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Physical Activity Goal(s) [Enter current policy language / goal]	☐	X	☐	[Enter progress and next steps]

Topic / Current Policy Language	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.) [Enter current policy language / goal]	☐	X	☐	[Enter progress and next steps]

Additional Notes

Include additional notes, if needed:

Policy sources: Montrose Board Policy ADF (11/15/2021) and Administrative Procedure ADF-AP(1) (revised 04/16/2025). Implementation source: September 2026 district assessment. The nine-area policy coverage comparison is not an official model-policy score. ADF-AP(1) requires use of the CDC School Health Index plus another tool; verify and retain SHI results.

5. SHARE Triennial Assessment Results with the Public

Planned/recorded public posting: September 2026.

This institution is an equal opportunity provider.